



MN SOPHE
Meeting Agenda/Minutes/Summary

Date: November 18, 2022

Time: 1-2:30 pm

Location: Zoom

Attending: Mary Kramer, President; Liz Heimer, President Elect; Cherylee Sherry, Treasurer; Judith Luebke, National Delegate; Taylour Blakeman, Membership chair; Cat Gangi, Continuing Ed chair; Lauren Witt, Advocacy chair; PH Moua, Awards and Recognition chair; Katie Stapleton and Kenia, Student Representatives; Jean Streetar, Secretary

Absent: Kelly Kunkel, Past President; Sia Xiong, Communications

Facilitator: Mary Kramer

Recorder: Jean Streetar

Meeting Objectives: Set slate of candidates for 2023, est. agenda for all member's meeting on Dec 16

Minutes Approved: February 17, 2023

Agenda Item	Discussion	Person assigned
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Call to order, icebreaker & approval of agenda	The meeting was called to order at 1:03 pm by president Mary Kramer. The opening ice breaker question was “what is your favorite dish to make for fall or the holidays”? Lots of yummy answers were provided! Call for a motion to approve the agenda. Motion by Liz, second by Cat. Approved.	Mary
Roll call	Sia and Kelly were not available today	Jean
Old Business		
Approve minutes	Review of minutes from Sept 2022 (we did not meet in Oct due to the Summit). Motion to approve by Cherylee and seconded by Judith. Approved. Jean will add the approved date and send to Taylour for archiving and posting. Jean will send out a Nov meeting Highlights to members via the list serve.	Jean, Taylour
2022 Goals	<ol style="list-style-type: none"> 1. Explore process and documents needed for becoming a 501(c)(3) organization 2. Establish student scholarship awards – Student scholarship (\$250?) + Advocacy Summit 3. Explore partnering opportunities with other organizations 4. Professional development offerings quarterly <p>Please keep these goals in mind when making reports</p>	
New Business		



Ending Period Poverty	<p>Jean provided information about the efforts to mandate Access to menstrual products in schools would be required ... https://www.house.leg.state.mn.us › sessiondaily › Story</p> <p>(Bill track 50: Feist House Author HF2750 and Cwodzinski Senate Author SF3052). Both efforts failed in the 2022 MN legislative session. Lauren and Jean have received follow up correspondence from Rep. Feist and the National Council of Jewish Women MN about involvement in the 2023 session. Motion by Katie to <i>approve a letter of support to mandate access to menstrual products in MN schools</i>. Second by Cherylee. Approved. Lauren and Jean will work on a letter and continue to update the board on these efforts.</p>	Jean, Lauren
Other		
Officer and Committee Reports		
President –Mary	Bethel University Panel November 17. Jean and Mary were part of a student organized panel for Community Health Students at Bethel University. It was also on Zoom and recorded. We were able to promote MN SOPHE with the students using updated chapter promotional materials (thanks Taylour!).	Taylour, Sia, Jean, Liz



Ways to share the MN SOPHE membership info: website, Dec annual business meeting, can be posted on the National SOPHE site, social media.

Request sent by Erin Sweeney for chapter members to be part of SOPHE Professional Preparation Committee. Dr. Amy Novak, UMD has responded and will be representing MN SOPHE.

Discussion - MPHA annual conference planning committee. Cherylee has been helping with CHES/MCHES credit review. We have an MOU with MPHA to support each of our organizations' needs for reviewers. Some chapters have board positions to work on this task. Jean has volunteered to work with MPHA for the 2023 Spring conference and will consult with Cat. Jean will check in with Merry Grande from MPHA regarding committee work and timeline.

Nominations: we have candidates for all but the President elect position. Liz would like to send the ballot out today so the results can be collected and announced at the Dec 16 meeting. Due date for voting will be Dec 2. Liz and Mary are still talking with possible candidates for President elect and would appoint if confirmed after the formal elections.

All member-business meeting, 12/16/22 1:00 Draft agenda discussed



	<ul style="list-style-type: none"> ● Speaker, Infant mental health alliance. Minnesota Association for Children's Mental Health, www.macmh.org .5 CHES credit? ● 2022 Celebration of Accomplishments - hear from board members (~2 minutes from each board member, "Good Stuff" from 2022 in your area) ● Announce election results - 2023 board members ● Presidential citation awards <p>Suggestion of a possible drawing (Mug or a turtle?). Members shared the significance of a “turtle” in public health-being intuitive, having courage, strength, wisdom and patience.</p>	
Secretary – Jean	No additional report at this time.	
Past-president –Kelly	No report at this time	
President-elect-Liz	Summit wrap up overview developed by the planning team. There were 26 responses to the evaluation for a 36% response rate. People would like to see an in-person event planned for next time. Many thanks to the team for the great summit!	
Treasurer-Cherylee	As of 11/18 we have a balance of \$9,245.32. It seems that credit card charges for service have increased. Discussion needed around the 501c.3 status as there are pros and cons: Do we have the infrastructure to carry out the task	



	<p>of this designation (grant writing, solicitation and collection of donations etc.)? Cherylee will be glad to help the new treasurer with the transitions. Also noted that we have a healthy balance now due to virtual events. If there are in person events (summit or other) these will be more expensive.</p>	
<p>Awards Committee - PH</p>	<ul style="list-style-type: none"> ● Awards ceremony was a success at the HES! ● One thing that went well this year: dividing up the award announcement among committee members. ● One thing we want to improve on next year: ensuring the awards are clear - we had two people nominate non-MNSOPHE members for the HEYA <p>Suggestion for a form or “pre application” step with HEYA to check and make sure the person is a member.</p>	
<p>Membership-Taylor</p>	<ul style="list-style-type: none"> ● 79 total members / 39 professional / 39 student / 1 emeritus ● 16 National SOPHE Members ● Membership Survey- requesting approval for \$25 gift card <p>Motion made by Liz and seconded by Lauren for a membership survey \$25 gift card award to be drawn from names submitted with the survey. Taylor has the survey ready and will work on this in Dec.</p>	



<p>Student Representatives-Kenia, Katie</p>	<p>Katie reported there was a good response to the student session for the summit. Mary has had interest from one student for next year.</p>	
<p>Advocacy-Lauren</p>	<ol style="list-style-type: none"> 1. SOPHE Advocacy Summit: Reimbursement was \$250 advance for up to \$500-my total was \$340. Form will be sent to Cherylee. It was a great experience. 2. HHS announced Public Comment Period for Healthy People Objectives- adding voter participation as objective using HDHP template 3. Continue a work group with Cherylee, Pat, and MPHA about voting resolution and potential legislation for 2023 4. We Chose Us: advocating for multiracial democracy in MN. Official partner? More thought and discussion needed. We could approve via email. <p>Please add efforts to provide reimbursements for certified health educator services to the list of advocacy tasks. We have discussed for several years and need to keep active. Also MCHES could be added to the list of approved professionals who can supervise Community Health Workers.</p>	



Communications – Sia

Report via email from Sia: I am currently at a conference in Washington, D.C. but still checking emails after 4pm CT so if there are things needed on my end, happy to try my best to work on it.

- Posting schedule:
 - M - Member Monday
 - WF - As needed
 - Weekends - Liking/sharing other posts and holiday posts as needed
 - As needed (based on events and jobs) - Email updates/jobs to MNSOPHE google group
- Most popular post: Summit Thank You Post (727 reached on FB)
- In the last 28 days (October 19 - November 15):
 - # of people reached = 872 FB and 69 IG
 - # of people visited = 31 FB and 20 IG
 - # of new likes/followers = 5 FB (301 total) and 4 IG (115 total)
- We reached 300 likes on Facebook! 



	<ul style="list-style-type: none"> • I have been keeping up with the google group listserv with new/expiring members. • Thank you to Mary, Taylour and Liz for helping keep me on track! Thanks to Kelly, Lauren and others who send me content/information to post on social media! If you ever have any promotions or resources to share, please send them my way to promote online. • Apologies for any slow down on social media last month, I am much more organized this month so will be working on getting things active again. My job tends to have a lot of conflicting meetings, so I promise I do not mean to miss these. 	
Continuing Education - Cat	<ul style="list-style-type: none"> • December 14 webinar on problem gambling from 12:00-1:00pm CT • Annual Summit numbers: 19 individuals requesting CE, and 63.5 credits were given out • Evaluation results and certificates sent. • Doing outreach for 2023 presentations <p>Mary would like to include the number of CHES credits awarded on the summit overview infographic created by Liz..</p>	



Delegate Report—Judith	There were no Oct or Nov house of delegates meetings. There has also been discussion around reimbursement for certified health educator services. Indiana seemed to have a process. Certified Health coaching is also reimbursable. There is no new National SOPHE staff assigned to the delegates at this time. The annual chapter report is delayed and will be expected in Jan 2023.	
Good of the order	Happy Thanksgiving and see you on Dec 16 at the annual business meeting.	
Adjourn	2:33 pm	
Next meeting	Annual member meeting Dec 16	

Meeting Summary:

2023 Elections are Underway:

The ballot for MN SOPHE board positions has been sent to members via email. **Please vote by December 2.** Open positions this year are: President-elect (write in option at this time), National Delegate, Treasurer, Advocacy Committee Chair, Awards and Recognition Committee Chair, and Membership Committee Chair. The results will be announced at the December 16 Annual MN SOPHE Business meeting. Watch for more details about the Zoom meeting in the next few weeks. We want to see YOU there!

December MN SOPHE Annual Business meeting



The chapter has usually held this required meeting at the end of the Health Education Summit. It was decided to change the meeting to a separate date to highlight all of the year's accomplishments and announce new board members for the upcoming year.

Date: Friday, December 16, 2022

Time: 1 pm

Place: Zoom

All members are welcome to attend and participate. There will be program information coming your way soon.

Health Education Summit Evaluation

This year's summit was a hit with participants. The responses to the evaluation indicated that there was a good variety of topics to hear about, and people are interested in getting back to in-person events soon! The next planning committee will be taking these responses into consideration for another great event. Thanks to the committee: Chair-Liz, Kenia, Katie, Taylour, Allie, Mary, Judith, and Sia.

Next webinar for CHES credits:

Save the date: December 14 from 12-1 pm. **Topic:** Problem Gambling. Information, registration and CHES credit information coming to your mailbox soon.

End Period Poverty

Access to menstrual products in MN schools is a need that can be met by mandating schools to have supplies available. Other states and organizations are looking at this from several angles such as addressing socio-economic issues, mental health, hygiene and equity. The efforts during the 2022 MN legislative session failed in the house and the senate. The bills will be brought forward again



in 2023. MN SOPHE plans to advocate for the mandate in MN schools. To learn more about this effort you can view the committee hearing at:

Watch for a Member Survey in December

The membership committee supports the ideas coming from **all of you** and wants to hear what we can do to make the chapter meaningful in 2023 and beyond. More information will be sent out soon,

Jean Streetar and Mary Kramer participated on a panel for Community Health students at Bethel University on Thursday, November 17. Thanks to students: Abby, Payton and Sarah for organizing the event.

