



Hello MN SOPHE Members,

April showers...and snow fall, bring May flowers. We hope spring is arriving wherever you are! There's lots of news and happenings for members to be aware of from the April Board meeting. Take a look at the following Highlights:

Welcome NEW Student Representatives

The student representatives are one year appointed positions to the MN SOPHE Board. They will represent the voice of students with similar career interests and goals. The year will be filled with opportunities for skill building and networking. All the best to these students selected for this year!

Kenia Gutiérrez was born and raised in Colima, a small city on the pacific southwest coast of Mexico. She is currently an 4th year undergraduate student at Minnesota State University, Mankato. Pursuing a Bachelor of Science in Applied Health Science. She is very passionate about studying how the social determinants of health impact minority populations in the United States. Her hobbies include working out, cooking, yoga, reading, dancing, taking photos, painting, and listening to music. Her guiding philosophy is that instead of worrying what you cannot control you must shift your energy to what you can create.

Katie Stapleton graduated from Minnesota State University Mankato with a BS in business and worked in corporate management for 8 years. She's been a certified yoga and exercise instructor since 2019 and loves motivating and connecting with people and helping to improve health initiatives. She is currently a Graduate student at MSU pursuing her passion for public health with a Masters in Community Health Education. She spends her free time with her dogs and cat, painting, and cheering on the Vikings.

Welcome NEW Members-Three new people have been added to our membership!

Annika Grassl, University of Minnesota School of Public Health

Ornella Malm, Major: Applied Health Science, Emphasis - Public Health Minnesota State University, Mankato



Lisa Putrah, School: Minnesota State University – Mankato. Major: Applied Health Science Master's Program, beginning in Fall 2022

Background: I originally graduated from Minnesota State University – Mankato with a Bachelor’s Degree in Earth Science in 2002, and then spent the next 20 years working at my local church (first in program support and then as the Communications Director for the last 8+ years). I am thrilled to be back on campus and plan to pursue credentialing as a Certified Health Education Specialist. I’m excited to join a profession that is helping to create a brighter, healthier future for our families and communities. Lisa also enjoys running and has helped raise funding for clean water projects in the Democratic Republic of Congo and traveling with her family.



WELCOME to MN SOPHE!

Advancing Racial and Health Equity Webinar

DATE: Friday April 29, 2022 12-1pm

Join MN SOPHE for an interactive webinar with Amy Lopez, who will provide an interactive discussion on the foundation of racial equity and health equity and public health models for how to advance racial and health equity within systems.

